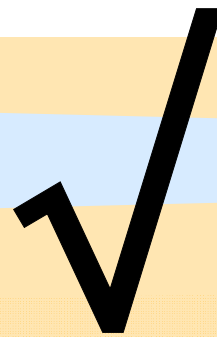


# IT'S YOUR HEALTH: Check it out!



Taking risks is a normal part of life, but some risks can affect our health. Take a few minutes to check this list. If you've taken any of these risks or are having any of these problems, talk to your doctor or nurse. It's never too late to...

## *CHECK IT OUT AND TAKE CONTROL*

### Have you ever...

- ☐ had sex without using a latex condom?
- ☐ had a sexually transmitted disease (such as herpes, gonorrhea, syphilis, or chlamydia)?
- ☐ had unprotected sex after using drugs and/or alcohol?
- ☐ shared a needle or a syringe to inject drugs?
- ☐ had sex with someone who uses drugs or used them in the past?
- ☐ exchanged sex for drugs or money?

### Are you having health problems that don't go away?

- |   |  |
|---|--|
| <input type="checkbox"/> Fever                                | <input type="checkbox"/> Night sweats                                  |
| <input type="checkbox"/> Unexplained headaches                | <input type="checkbox"/> Loss of appetite                              |
| <input type="checkbox"/> Sores or white patches in your mouth | <input type="checkbox"/> Weight loss                                   |
| <input type="checkbox"/> Dry cough                            | <input type="checkbox"/> Yeast infections                              |
| <input type="checkbox"/> Sores in your genital area           | <input type="checkbox"/> Diarrhea                                      |
| <input type="checkbox"/> Shingles                             | <input type="checkbox"/> Swollen glands in your neck, armpits or groin |

**The more boxes you check, the more important it is for you to talk with your doctor about getting an HIV test.**

Knowing your status is important because new treatments make it possible to live a long and healthy life. But ***1 in 4 HIV-positive Americans don't know they're infected*** because they've ***never been tested for the virus.***

## So take control...Get the test